Astrologers use the term "Progressions" to describe a particular technique of moving planets forward in time. This technique is aptly named because it describes how a person progresses through their life. Progressions describe the different phases in our lives as well as our inner urges and how they affect our lives rather than dramatic outer events. However, our urges can significantly affect the way in which we react to circumstances and therefore our decisions. It is important that we go with the flow rather than fight against the tides of our lives. Therefore Progressions are likely to show us signposts in life's journey and consequently help us gain wisdom and understanding. Some astrologers believe that Progressions are signs from our soul or higher self; others place less emphasis. We suggest that you read on and see for yourself.
PROGRESSED MOON

The road up and the road down are one and the same.
Heraclitus, Die Fragmente der Vorsokratiker c540-480BC.

Progressed Moon

The progressed Moon is considered important. The background theme of a person's life can be seen when the progressed Moon changes sign and house. Aspects of the progressed Moon can also be important in the timing of events. Some astrologers consider that the Moon lends its light as it aspects other points in the Natal Chart. Hence a point's importance is highlighted when aspected by the progressed Moon. The progressed Moon is the most important point because it is the only one that progresses through the entire zodiac during the course of a person's life.

Current Moon Phase is First Quarter

The Eagles song "Life in the fast lane" could be the catchphrase for this period of your life. That's because your life is about to speed up. It is now is time for action. You have been exploring a new direction in one or more areas of your life for the past seven or so years. Now your efforts are likely to pay off. You may be spoilt for choice by the number of opportunities that arise now. You have the drive and ability to make the most of this phase, however; you may lack discrimination when it comes to making the right choice. Do not despair. You need to remain flexible enough to make the necessary adjustments to keep you on the right course for achieving your goals. It is time to face any fears that may be blocking your path. You may be frightened, but do not hesitate. You may also experience opposition from others as you begin to express yourself more forcefully. Listen to their concerns, make any necessary adjustments but do not let others determine the course of your life. You are in charge and need the freedom right now to learn your own lessons, even if you make some mistakes along the way. Your determination will reap great rewards during this phase. You are learning your craft and your experience will prove invaluable in the future.

Moon in Virgo
From 26 Jun 2011 To 07 Sep 2011

Now is the time to look at the more practical side of life. After a period of exploring new artistic possibilities and creative ideas you are now eager to see some practical results. Your ideas and creative energy need a functional outlet. You are ready to slow down and consider the more mundane aspects of your ideas and your life in general. The more that you have harnessed the support of other people in the previous phase of your life, the more successful you will be now. If you have alienated loved ones or associates through self-centred behaviour then you are likely to experience some obstacles now. Also if you became carried
away with your own sense of self-importance then you are now required to reassess your ideas. On the other hand if you were inclusive and generous then you are likely to move forward with your project reaping the benefits of co-operation from other people. Either way you are being urged to come down to earth. You are now required to tie up the loose ends of the previous phase and to move forward in a more realistic manner. Plans, schedules, diaries and contracts may all feature. You may also be required to review your finances and make changes to your earning capacity or spending patterns. Changes in the previous phase may have resulted in the need to consider your finances in a new light. The ending of a significant personal or business partnership may result in a change of financial planning. Alternatively you may be researching the means to finance a creative project. Either way the more that you can pay attention to detail during this phase the more you will be able to enjoy the personal and creative aspects of the next phase. This is the ideal time to lay practical foundations in your life.

**Moon in the 4th House**
From 26 Jun 2011  To 09 May 2012

It is time to focus on your home and family. This could mean that you need to address the needs of immediate family members such as your spouse, children, parents or siblings, or it could be that you are required to reassess your own role within your family. A family member may come to stay for an extended period of time, the birth of a child may change the nature of your family or perhaps a family member leaves the home. Whatever the scenario you are likely to make changes to your home. Renovations, extensions or a move to a new house are all a possibility as you take the time to reflect on your and your family’s personal needs. This is the ideal time to spring clean your house. In fact the more that you can focus on the home and family and ensure that you have a firm foundation in your life, then the more that you will benefit in the future. You need to face your responsibilities to your loved ones and ensure that they are comfortable. You also need to make sure that you are comfortable in your family environment. An urge to explore your roots may also take hold during this phase and you may start to research your family history. Another way that you can be influenced during this phase is in the area of housing and development. You may develop an interest in property investment during this phase. The sign of your progressed Moon will also show you the manner in which you are likely to approach your family and home life. For instance if your progressed Moon is in a fire or air sign then you are likely to be restless unless actively seeking alternative solutions. However, if your progressed Moon is in an earth or water sign then you may feel more comfortable in shouldering the extra familial responsibilities.

**Moon Conjunction Saturn**
From 26 Jun 2011  To 10 Oct 2011
(Exact 16 Aug 2011)

Right now you need to focus on the foundation areas of your life, such as your home, your job and your family. You need to ensure that all is stable, paying close attention to the details of your life. Are your loved ones feeling secure? Are there any areas of your life that need greater security? If so, then you need to slowly and surely work towards creating greater strength. It is not a time to give in to your impulses, but rather one of employing sensible strategies. You may find yourself in situations that require you to control your emotions, rather than express them. You may feel frustrated, but you need to be patient and tolerant. You may rearrange your home or workplace, perhaps renovating, restructuring or moving premises. At times you feel that you are alone, but this will pass. The more that you can strengthen and stabilize all areas of your life right now, the more rewards you will reap in the future.

**Moon Opposition Sun**
From 26 Jun 2011  To 21 Jul 2011

You are currently faced with a decision which has been lingering for some time. The decision may be difficult, requiring some consideration or you may feel ready to move into a new dimension of your life. Either way you are required to move forward into a new phase in some aspect of your life, a phase that
more readily enables you to express your true self. If you have been hiding your light under a bushel, letting fear guide your decisions, then you are now required to face your fears and move out of the rut that you have carved. This could take some courage. On the other hand you may feel ready to make significant changes. Perhaps you are tired of opting for comfort and are ready for some excitement. You may experience some conflict with loved ones if they feel threatened by the changes they see taking place. Those who hold some authority in your life may also prefer you to remain subservient. As long as your actions are honourable you should emerge from this period with a new sense of confidence and purpose.

**Moon Square Ascendant**  
From 21 Aug 2011 To 14 Oct 2011  
(Exact 17 Sep 2011)

Relationships with loved ones are highlighted right now. Your personal happiness and your relationships are the focus. You are keen to strike the right balance between your own personal needs and the need for an intimate relationship. For this reason you are reconsidering your marital status and seeking happiness in union with others.

**Moon in Libra**  
From 07 Sep 2011 To 26 Oct 2013

Finding a balance in your life is the challenge of this period. Whereas the previous period of your life demanded focus on one particular project or area of your life, now you need to become more inclusive of other people. Now you feel the urge to spend more time with your spouse, children, family, friends and associates. Social occasions become a source of pleasure rather than a distraction. If you are not married then you may begin dating, searching for a new life partner. You may have been seeking solitude in the past, but now you are likely to feel an urge to socialise. Perhaps you have been working on your own professional venture, a plan that only you could instigate. Now you need incorporate other people in order to expand your project. Therefore you may spend time interviewing employees. It is also possible that you are seeking a business partner for a project. In some cases it is possible that you seek legal assistance or advice on a particular matter, perhaps a marriage, divorce, or business venture. Whatever your own personal scenario you are likely to have more social contact during this period. In fact it is important to seek input and advice from other people. It is time for social contact, rest and recreation rather than exclusive work. As you create moments for reflection and pleasure you also realise that you have time to weigh up the pros and cons in all areas of your life and to readjust areas that need attention.

**Moon Opposition Mercury**  
From 15 Sep 2011 To 01 Jan 2012  
(Exact 08 Nov 2011)

Right now your communications with other people are laden with a few difficulties. It seems as though your attempts to interact are frustrated and you are not sure why. This is also true for new projects and anything that involves the exchange of information. You are being forced, whether you like it or not, to change the way in which you approach projects and people. Therefore this is the ideal time to undertake any activity that focuses on improving verbal or written communications. Marketing, sales, business and intellectual activities can benefit from extra curricular training. Projects that require mental agility or concentration are advanced through a little extra effort. You may like to start a training course, take up a teaching position, or start a writing project. This may cause a little tension in your professional and personal associations, but nevertheless you are keen to improve your skills. Arguments with colleagues and loved ones may erupt from time to time, but you have the tenacity to continue to work at exchanges. It is important that you aim to keep your interactions as calm as possible, avoiding heated arguments. During this phase you are likely to learn when to retreat and when to calmly state your case. Right now you have the chance to improve your network of associates, learn new skills and apply them to your daily life with a little patience and persistence.
Moon Semisquare Pluto  
From 26 Oct 2011 To 19 Dec 2011  
(Exact 22 Nov 2011)

Personal growth can be challenging, but the rewards are a renewed sense of purpose. So use this time to gain new meaning in your life, and perhaps enlist the extra support of those you trust.

Moon Square Uranus  
From 03 Jan 2012 To 26 Feb 2012  
(Exact 30 Jan 2012)

You are currently required to make changes in the way that you approach certain areas of your life. Whether you realise it or not tension has been building for some time. For instance you may have been concentrating on one area of your life to the detriment of others. Perhaps conflict has been simmering in one or more of your key relationships. Whatever the scenario may be you are now required to change your attitude and perhaps your lifestyle. If you do not take charge of the necessary adjustments then people or events will suddenly force you off the merry-go-round. Although life can be a bit unpredictable right now, you will fare better if you go with the flow rather than try to cling to the status quo. Eventually you will enjoy a new sense of liberation, recognising that your life is better. You are now free to follow your dreams.

Moon in the 5th House  
From 09 May 2012 To 02 Apr 2015

All child-like qualities are the focus of your life during this phase - fun, playfulness, natural creativity, romance and joy. It is time to dance with the fairies, picnic outdoors in meadows of flowers and under the sun, play at the beach or simply watch a romantic movie. Whatever your chosen activities, you now experience an urge to discover people and activities that give you joy. During this process you may attract children, and perhaps even lovers, who teach you about the lighter side of life. You may be drawn to working with children voluntarily or as part of your profession. Family members may call on you to care for their children. Right now you enjoy the spontaneity and free spirits of youngsters. You may even decide that the time is right to give birth to a child of your own. On the other hand you may give birth to a new creative idea or project. This phase can be highly productive if you are involved in an artistic field. Theatre, music, dance, art, sculpture, or design work may hold a particular appeal and benefit from your creative input under this influence. It is important that you do not shirk your responsibilities during this phase, but rather try to weave more joy into your daily life. The sign of your progressed Moon will also show you the area of your life most likely to be affected by this new joyful you!

Moon Opposition Mars  
From 02 Jun 2012 To 15 Sep 2012  
(Exact 25 Jul 2012)

You are feeling energetic right now, ready to tackle big jobs and new activities. You may also feel a readiness to face any fears that have previously blocked your ambitions. Therefore this period is conducive to undertaking any tasks or projects that require concentrated efforts and initiative. You may initiate a new field of activity or you may be forced by someone else or circumstances to take on a project that you previously would have shied away from. Either way you have the drive to succeed. One of the risks of this phase is that you are tempted to go overboard in your efforts to achieve your objectives because you are keen to move forward regardless of the costs. Impatience may mar this period. Therefore you need to ensure that you pay closer attention to your aims. Patience and collaboration are needed, rather than competition. Save any competitive urges for a demanding sport or solo adventure rather than projects that require the co-operation of other people. Avoid rash decisions and stressors that trigger your temper and this can be a rewarding phase during which your motivation is strong and your achievements satisfying.
Moon Square Moon
From 11 Nov 2012 To 01 Jan 2013
(Exact 07 Dec 2012)

This is an emotional time, during which your feelings are not as reliable as usual. The trouble is that you are likely to overreact right now. Close personal friends and relatives, in particular women, are stirring up your feelings. Perhaps you are hurt by their actions, or perhaps they are reacting to you. Your life is changing and you feel insecure. These changes are likely to be occurring in your family and home life. You may even move house during this period. On the other hand the changes may be taking place within. However, these changes are manifesting in your life, your perceptions are unlikely to be correct right now. You would be well advised to think before you speak. It is far better to take some time to carefully consider your words and actions until you are feeling more secure. In the meantime you could enjoy reading moving stories, going to the cinema or spending time with young children and animals. Counseling may also be beneficial, if you feel that it would help you adapt to your changing relationships and environment.

Moon Conjunction Neptune
From 23 Nov 2012 To 06 Mar 2013
(Exact 14 Jan 2013)

During this period you are more sensitive to other people and your surroundings. You may feel the need to slow down, rest and reflect on aspects of your life. You may feel the urge to pursue a more spiritual path, perhaps rejoining a former religion or joining a new spiritual group. Alternatively you may be drawn to creative or artistic expression. During this period you are more likely to remember your dreams. They may be more vivid, carrying messages for your waking life. Your perceptions are changing in subtle ways. For this reason you need to avoid making decisions that require logic. Preferably you should listen to your intuition. If in doubt then take your time before making life-changing decisions. This is a time to gently explore the more subtle realms of life, rather than forge ahead with definitive goals. You are rather like the butterfly that is emerging from the cocoon. Try not to force the process, but rather take your time and enjoy the new emerging you. As a result you will discover new depths and meanings that colour your life in significant ways.

Moon Sextile Pluto
From 25 Nov 2012 To 16 Jan 2013
(Exact 21 Dec 2012)

Right now you are feeling powerful and at peace. Your personal life is going well and you experience a sense of well-being. Problems that have been brewing for some time now seem to take their natural course. You have strong feelings, but you are able to communicate these clearly and without misunderstandings. Some conflicts from your past may be healed during this period. Make the most of this period by sharing your time with loved ones who you trust.

Moon Sesquisquare Midheaven
From 02 Feb 2013 To 25 Mar 2013
(Exact 28 Feb 2013)

It is time to slowly establish your reputation and move ahead with your life goals. However, this will not happen overnight. You will need patience and persistence. Right now you have the opportunity to change your schedule to lead a more balance life, but you have to manage your time appropriately. In order to overcome feelings of frustration you need to meet each obstacle with determination. Persistence will reap its rewards.

Moon Opposition Venus
From 13 May 2013 To 22 Aug 2013
(Exact 03 Jul 2013)

Romantic love can be joyous and painful. Right now you are more tuned into the pain, rather than the joy. If you have a lover, fiancé or spouse then they are likely to be hurting you in some way. It is likely that they are not as committed as you would like and this is confusing you. You may simply need to wait until your loved one can settle down. On the other hand you may have to let go and accept that the relationship is going nowhere. If you are single, you could become focused on finding someone to share your life. It is possible that your feelings for someone are strong but are not returned. Whether you are in a relationship or not, there is a danger that you could become quite obsessed with the objects of your affections right now. Displaying your emotions will get you nowhere. It would be better if you were able to change the focus of your attention. You need to nurture yourself and share pleasurable times with your friends and family, knowing that someone better is waiting in the wings. You may also benefit from following a passionate past time, particularly one involving the arts, fashion or beauty. It is not time for recriminations, but rather time to gain a greater understanding of the type of relationship that is most beneficial for your well being.

Moon Trine Ascendant
From 10 Oct 2013 To 30 Nov 2013
(Exact 05 Nov 2013)

You are now able to reap the benefits of seeds previously sown in your life. Others also start to notice and appreciate your efforts. As a result you may be offered a promotion, start a new job or relationship or you could move into a new home. Alternatively a project that you have been working on for some time may suddenly take off. An important personal relationship may start during this phase. If you are considering marriage then you may be wise to seriously consider the positive affect that this person on your health and happiness. You are ready to enjoy this new phase, even changing your physical appearance to reflect the inner changes.

Moon in Scorpio
From 26 Oct 2013 To 01 Nov 2015

You have reached an introspective stage of your life; one where you need to focus on matters close to home. This can be a need to turn your attention to house renovations, family matters and personal health and fitness or you could be required to concentrate on a work project, one that requires research and attention to detail. You may also feel the need to reassess your personal finances ensuring that your income matches your future requirements. This phase can also indicate a more personal, emotional time. Perhaps you are undergoing a significant change. You may feel an urge to reflect deeply on the meaning of your life. People, who you knew in an earlier period of your life, re-appear. In fact memories of past events resurface frequently during this phase. This can be a good opportunity to gain greater understanding of your personal history and help pave the way for a more joyful life. Meditation and other spiritual techniques may be of benefit. Ensuring that you respond appropriately to the external pressures is important, but it is also imperative that you confirm that you are living your life truly in accordance with your own needs. In previous years you may have felt the need to please others, but now you need to focus on your own goals. You need to find your own sense of purpose. If your life is in step with your inner sense of purpose then you are likely to find time to concentrate on the tasks at hand, finding the resources needed to further your plans. Some minor readjustments may be necessary. However, if you have been living a lie, letting others dictate, then you may face some major upheavals during this phase. You can take comfort in the fact these changes will ultimately free you to live your own life to the fullest. This is an ideal phase for any task that requires investigation, attention to detail and concentration. A business enterprise, research project or course of study may be of benefit. Right now you have the opportunity to build-up your personal resources - financial, emotional, intellectual and spiritual.

Moon Sesquisquare Northnode

From 26 Oct 2013 To 01 Nov 2015
(Exact 05 Nov 2013)
Your life is changing in ways that may be uncomfortable at the moment, but which will bring rewards in the future. Whether you realise it or not the changes that are occurring right now are clearing a new path, one that will bring its own rewards. Don't force the process. Allow the natural process of life to unfold even if it seems to falter at times. If you can achieve this then you will be ready to soar to new heights.

**Moon Semisquare Southnode**

From 09 Jan 2014 To 28 Feb 2014
(Exact 03 Feb 2014)

Your life is changing in ways that may be uncomfortable at the moment, but which will bring rewards in the future. Whether you realise it or not the changes that are occurring right now are clearing a new path, one that will bring its own rewards. Don't force the process. Allow the natural process of life to unfold even if it seems to falter at times. If you can achieve this then you will be ready to soar to new heights.

**Moon Trine Uranus**

From 14 Feb 2014 To 04 Apr 2014
(Exact 11 Mar 2014)

This is the ideal time to try out any new ideas that have been brewing in your mind. You are able to truly express your individuality during this phase, impressing others with your bright ideas. Those around you are open to trying new things and supporting your changes. Spontaneity and serendipity are key words for this phase of your life. So make the most of any opportunities that come your way and have some fun with your newfound freedom.

**Moon Trine Midheaven**

From 16 Feb 2014 To 07 Apr 2014
(Exact 13 Mar 2014)

You are able to make progress in your career and home objectives during this phase. You can establish a good reputation at work, as well as being appreciated by your family members. You enjoy your occupation and are popular in the workplace. People in authority notice your attributes and opportunities for promotion are likely to arise. Your family members also notice your efforts at home, and you receive the support of those you love.

**Moon Sesquisquare Jupiter**

From 20 Mar 2014 To 08 May 2014
(Exact 13 Apr 2014)

You may be feeling impatient, ready to achieve great things but your ideas meet deadends. The trouble is that you may not have a true grasp of practicalities. Excess may be more of a feature of this period than you realise. If you can slow down and appreciate the gifts and those who give then you are most likely to gain some enduring benefits.

**Moon Sesquisquare Sun**

From 08 Jul 2014 To 26 Aug 2014
(Exact 02 Aug 2014)

If you have been hiding your light under a bushel, letting fear guide your decisions, then you are now required to face your fears and move out of the rut that you have carved. This could take some courage. You may experience some conflict with loved ones if they feel threatened by the changes they see taking
place. Those who hold some authority in your life may also prefer you to remain subservient. As long as your actions are honourable you should emerge from this period with a new sense of confidence and purpose.

**Moon Semisquare Saturn**  
From 19 Sep 2014 To 07 Nov 2014  
(Exact 14 Oct 2014)

This can be a challenging period during which you feel lonely, perhaps even depressed. Try not to succumb to gloomy feelings. You will do better if you can focus on the work at hand. You are being asked to rely on your own resources. The onus is on you taking a long, hard look at all areas of your life and making the necessary changes. You are quite serious, not as light-hearted as usual. In fact your loved ones and colleagues may wonder what has happened to your sense of humour. You feel misunderstood and therefore are likely to isolate yourself socially. Now is the time for serious work.

**Moon Sesquisquare Ascendant**  
From 17 Oct 2014 To 05 Dec 2014  
(Exact 11 Nov 2014)

Relationships with loved ones are highlighted right now. Your personal happiness and your relationships are the focus. You are keen to strike the right balance between your own personal needs and the need for an intimate relationship. However, you may experience some frustration. Remain patient and you will reap the rewards.

**Moon Trine Moon**  
From 03 Dec 2014 To 21 Jan 2015  
(Exact 28 Dec 2014)

You are currently undergoing changes in your emotional or home life. These changes are likely to stem from feelings of contentment. Your insights are accurate right now, and you have the ability to make personal decisions that enhance your own life and the lives of loved ones. You are likely to enjoy spontaneity and new and rewarding activities and people. If you have been disappointed with some areas of your life then now is the time to make changes that will bring a deeper fulfillment. The focus is on making alterations that bring greater emotional satisfaction into all areas of your life.

**Moon Sesquisquare Mercury**  
From 04 Dec 2014 To 22 Jan 2015  
(Exact 28 Dec 2014)

Right now your communications with other people are laden with a few difficulties. It seems as though your attempts to interact are frustrated and you are not sure why. This is also true for new projects and anything that involves the exchange of information. You are being forced, whether you like it or not, to change the way in which you approach projects and people. It is important that you aim to keep your interactions as calm as possible, avoiding heated arguments. During this phase you are likely to learn when to retreat and when to calmly state your case. Right now you have the chance to improve your network of associates, learn new skills and apply them to your daily life with a little patience and persistence.

**Moon Square Pluto**  
From 17 Dec 2014 To 03 Feb 2015  
(Exact 10 Jan 2015)

This is an intense time. Emotions that have built up over a period of time now need an outlet. Likewise any unresolved conflict or problems are simmering and likely to erupt. If you have been harbouring secrets then
they are likely to be revealed during this period. You need to find a positive outlet for your feelings. You may also need to seek counsel to help you find the most positive path forward. You are being forced to face problems, rather than continue to push them away. You may have difficulty in letting go, surprised by the depth of your feelings. If you can go with the flow then you are likely to experience the joy that comes from letting go of things or people who have held you back in your life. Personal growth can be challenging, but the rewards are a renewed sense of purpose. So use this time to gain new meaning in your life, and perhaps enlist the extra support of those you trust.

**Moon Sextile Southnode**  
From 14 Jan 2015 To 04 Mar 2015  
(Exact 07 Feb 2015)

Right now it is time for clearing out the cobwebs. You may start clearing out old cupboards, tossing out items that hold strong memories. Whether you realise it or not the changes that are occurring right now are clearing a new path, one that will bring its own rewards.

**Moon Trine Northnode**  
From 14 Jan 2015 To 04 Mar 2015  
(Exact 07 Feb 2015)

A natural flow is developing in your life right now. You can see rewards for your efforts and are happy to go with the flow. Events just seem to take their natural course, enhancing your life and the lives of those around you.

**Moon Sesquisquare Uranus**  
From 17 Feb 2015 To 07 Apr 2015  
(Exact 14 Mar 2015)

You are currently required to modify the way that you approach certain areas of your life. Whether you realise it or not tension has been building for some time. For instance you may have been concentrating on one area of your life to the detriment of others. Perhaps conflict has been simmering in one or more of your key relationships or perhaps you have been working too hard to the detriment of your health. Whatever the scenario may be you are now required to change your attitude and perhaps your lifestyle.

**Moon Trine Jupiter**  
From 23 Mar 2015 To 10 May 2015  
(Exact 16 Apr 2015)

This is a bountiful period during which your confidence and optimism increase. You are formulating clear personal goals and can be secure in your ability to achieve results. You have plenty of energy for working towards your aspirations and can easily enlist the help of other people. Risks taken now usually pay off, although you do need to be wary of grandiose plans. This is an excellent time for marketing, planning, selling, teaching, and studying. Ideally you can now reap the benefits of this benevolent period. Your efforts in the past can pay off now. Your self-esteem is high. You enjoy a period of popularity as others appreciate your generosity and optimism. As a result you may also be the recipient of gifts, rewards and awards during this period. All areas of your life may benefit including your marriage, your home, your work and your family life.

**Moon in the 6th House**  
From 02 Apr 2015

It is time to get organized, discard old bad habits and incorporate news ones in your daily life. Your schedule, diet, exercise regime or lack thereof all need to be revised. If you are usually disorganized then
now is the ideal time to bring order to chaos. Diaries, planners, calendars, filing systems and pocket organizers can all be useful during this phase. Your co-workers can play a vital role in helping you establish a new regime. You may also benefit from a big spring clean of your office, home, car or any other area of your life that needs attention. If you have been eating unhealthy food or overeating then now is a good moment to change your diet. You could consult a dietician or rely on your own resources. You also need to focus on your daily exercise. Are you getting enough exercise or are you overdoing things? Perhaps you could start a new and enjoyable activity or sports or maybe meditation or yoga would be beneficial? The emphasis is on making sure that your daily routine supports your goals in life. For this reason you may also start reconsidering your current work schedule with a view to changing jobs. You are not necessarily interested in a new career direction, but you may become keen to change jobs or employers. If you work in your own business then you may change your venue to something more suitable to your lifestyle. For instance you may move your office closer to your home, or you may move your business to a more beneficial location. No matter what the focus of your life is during this phase, you need to make sure that you are moving forward in a healthy and balanced lifestyle, one that benefits your life goals. The sign of your progressed Moon will also show you the area of your life most likely to be affected by this new schedule!

**Moon Trine Sun**
From 09 Jul 2015 To 27 Aug 2015
(Exact 03 Aug 2015)

It is time for you to shine in your life. You are able to focus on your goals while also compromising with colleagues and loved ones. Others appreciate your ability to co-operate and are willing to support your aspirations. New doors open now and you appreciate the stimulation of new relationships and opportunities. This is an ideal time for taking stock of all aspects of your life and making the necessary adjustments so that you experience a renewed sense of vitality and purpose.

**Moon Sesquisquare Mars**
From 30 Jul 2015 To 16 Sep 2015
(Exact 23 Aug 2015)

You are feeling frustrated in your objectives. Impatience may mar this period. Therefore you need to ensure that you pay closer attention to your aims. Patience and collaboration are needed, rather than competition. Save any competitive urges for a demanding sport or solo adventure rather than projects that require the co-operation of other people. Avoid rash decisions and stressors that trigger your temper and this can be a rewarding phase during which your motivation is strong and your achievements satisfying.

**Moon Sextile Saturn**
From 19 Sep 2015 To 07 Nov 2015
(Exact 13 Oct 2015)

Right now you need to focus on the foundation areas of your life, such as your home, your job and your family. You need to ensure that all is stable, paying close attention to the details of your life. You may find yourself in situations that require you to control your emotions, rather than express them. You have the required patience and tolerance. You may rearrange your home or workplace, perhaps renovating, restructuring or moving premises. At times you feel that you are alone, but this will pass. The more that you can strengthen and stabilize all areas of your life right now, the more rewards you will reap in the future.

**Moon in Sagittarius**
From 01 Nov 2015

You will delight to learn that it is now time to lighten up. After an intense period of introspection and seemingly inescapable attention to detail, you can now step back and look at the big picture. Perhaps you
have been researching a special project and now you can publish or release your work. Alternatively you could have been putting in the background work on a business project and now is the time to step forward and reap the benefits. Perhaps you have been required to put the needs of other people first and now you are released to explore your own interests. Whatever the specifics of your recent past situation have been you can now expand your horizons. You feel a yearning for adventure and independence, and an instinctual urge for exploring new horizons. You will want to go on an adventure whether this is travelling abroad, starting a study course, expanding your business interests, meeting new and different people, embarking on a religious quest or simply trying new hobbies and activities. Obviously your circumstances will dictate the extent to which you are free to explore new avenues. For instance if you are a parent of young children then perhaps a new hobby is more appropriate than embarking on a round world trip. In fact your loved ones may feel a bit threatened by your newfound independence and change of focus. You need to find a balance between exploring your own interests and ensuring that they feel included. Your urge to expand your own horizons need not exclude others. However, if they try to severely clip your wings you are likely to feel the urge fly the coup. This is true for your personal and professional life. Your urge for freedom and independence is so great that you are also likely to fight for your rights. As a result you need to be wary of legal battles. Of course you could succeed in court, but be aware that you will bear the consequences, either positive or negative, in your next phase of life. Caution does not play a prominent part in your life right now, so choose your legal counsel well. On a more positive note, if you have wanted to travel abroad then now is the time. If you do not have the means or opportunity to travel abroad then you might find ways to meet friends from different cultures. People from all walks of life currently fascinate you because you are challenging your own beliefs and way of life. Now is the right time to broaden your horizons before you need to consolidate on them in your next phase of life.

**Moon Sesquisquare Moon**  
From 02 Dec 2015  To 19 Jan 2016  
(Exact 26 Dec 2015)  

Your life is changing and you feel insecure. These changes are likely to be occurring in your family and home life. You may even move house during this period. On the other hand the changes may be taking place within. However, these changes are manifesting in your life, your perceptions are unlikely to be correct right now. You would be well advised to think before you speak. It is far better to take some time to carefully consider your words and actions until you are feeling more secure.

**Moon Trine Mercury**  
From 03 Dec 2015  To 20 Jan 2016  
(Exact 27 Dec 2015)  

This is the ideal time for you to undertake any activity that focuses on verbal or written communications. If you are involved in a job that requires excellent communication skills, then you are likely to excel right now. Marketing, sales, business and intellectual ideas flow. Projects that require mental agility or concentration are advanced. Therefore you are likely to excel in any activity related to training, teaching, studying, writing or contracts, particularly ones started during this phase. Information technology may also feature more strongly in your life right now. You are also likely to experience improved interactions in your personal relationships. You feel able to honestly express your feelings, and to listen to what your loved ones have to say in response. Your social calendar is also likely to expand, but more so through starting new courses or joining clubs or building a business network rather than purely for pleasurable outings. Right now you have the chance to improve your network of associates, learn new skills and apply them to your daily life.

**Moon Semisquare Neptune**  
From 07 Jan 2016  To 24 Feb 2016  
(Exact 31 Jan 2016)  

During this period you are more sensitive to other people and your surroundings. For this reason you may
feel confused. Your former goals may have lost some of their meaning. Try not to be too concerned. You simply need to slow down, rest and reflect on some important aspects of your life.

**Moon Square Midheaven**
From 18 Feb 2016  To 06 Apr 2016
(Exact 13 Mar 2016)

You are being urged to find a balance between your career and home lives. If you have been favoring one over the other, then this could be a challenging time. You need to change your schedule so that you are supporting both your career and family. Perhaps you have been working long hours trying to further your professional ambitions. Now circumstances urge you to slow down and pay attention to your family. If you are single then you may start searching for someone to share your life, perhaps even planning the birth of a child. If you are married and a parent, then you need to spend more time at home. Perhaps your house needs some renovations, or perhaps you make plans to move to a new home. On the other hand if you have been spending a lot of time at home, then you now have the opportunity to advance your career goals. It is time to step out into the workforce and establish your reputation. Right now you have the opportunity to change your schedule to lead a more balance life.

**Moon Sesquisquare Venus**
From 15 Jun 2016

Relationships and money matters may not be moving along in the right direction as far as you are concerned. Right now is not the time to push. If you are married, you may need to be particularly understanding of your spouse. You need to move ahead slowly and patiently in order to reap rewards later.
Progressed Sun

The progressed Sun moves slowly through the signs and houses of a Natal Chart. Unlike the Moon, the Sun will not progress through the entire zodiac. As such its significance is highlighted mainly when the sign or house changes. It is important to note these changes. Aspects of the progressed Sun can also be important in showing themes in a person's life.

Sun in Taurus
From 26 Jun 2011 To 10 Jun 2016

The progressed Sun moves slowly through the signs of the zodiac. Currently your Sun has progressed into Taurus indicating that you are likely to become more pragmatic. In the past you have been interested in new projects, in testing your independence. Now you are looking for practical means by which to express yourself.

Sun in the 12th House
From 26 Jun 2011

The progressed Sun moves slowly through the houses. The twelfth house of your chart is currently emphasized indicating that you are working behind the scenes on something significant. This could mean that you are going through a more introspective phase, contemplating the universe. On the other hand it could indicate that you are spending many hours concentrating on a particular long-term project. Perhaps you have a sense that you are preparing for greater things? If so, look to see when your Sun progresses into your first house. This is when your life is likely to turnaround.

Sun Sextile Sun
From 01 Jul 2011 To 29 Jul 2013
(Exact 14 Jul 2012)

Life is about to change for the better. You could be promoted at work or retire. Either way you are likely to enjoy the benefits of this advancement. Perhaps your status will change. For instance if you are single then you may marry or if you have had children during your life then you could become a grandparent. Make the most of this beneficial period to make decisions that will enhance your life.

Sun Semisquare Mars
From 18 May 2012 To 16 Jun 2014
(Exact 01 Jun 2013)

It is time for action. You are highly motivated, full of determination and vitality, ready to achieve your objectives. This could be general ambitions or a particular project or physical activity. You are capable of moving ahead, overcoming obstacles and discarding bad habits. You need to stay focused and persist in your objectives. Assertion not aggression wins the day.

Sun Trine Saturn
From 01 Aug 2014
(Exact 16 Aug 2015)

This is a serious moment in your life and practicality is the theme. It is time for you to apply yourself to the necessity of working to achieve your ambitions. Focusing on your feelings is not productive right now. If you can remain focused on the task at hand then later you will reap the rewards.

Sun in Gemini
From 10 Jun 2016

You are tiring of the practicalities of life and now feel the urge to explore new opportunities. If you have become stuck in a rut then now is a good time to reassess your options. The progressed Sun moves slowly through the signs of the zodiac. Currently your Sun has progressed into Gemini emphasizing a need for stimulation. Communications and networking are highlighted as you indulge your restless spirit.
The future belongs to those who believe in the beauty of their dreams.
Eleanor Roosevelt

**Progressed Mercury**

Progressed Mercury moves slowly through the signs and houses of a Natal Chart. Progressed Mercury can turn Retrograde and then Direct in a person's lifetime. As such its significance is highlighted when the sign or house changes. It is important to note these changes. Aspects of progressed Mercury can also be important in showing themes in a person's life.

**Mercury in Taurus**
From 26 Jun 2011

Progressed Mercury moves slowly through the signs of the zodiac. Currently your Mercury has progressed into Taurus indicating that your ideas are becoming more practical. In the past you may have been keen to experiment with new ways of thinking. You may have initiated new tasks and projects. Now are you more likely to consolidate. You are more cautious and practical, interested in making steady progress. For instance you may decide to turn one of your hobbies into a money-making venture or build something based on previous plans.

**Mercury Sextile Ascendant**
From 26 Jun 2011 To 03 Jan 2012

This is a positive period for making decisions regarding your major relationships, whether business or personal. If you are single you may meet a new stimulating lover during this phase or you could make a decision regarding a current lover. For instance you could decide that this person is marriage material or that you need to end the relationship and move on. It is time for commitment and you are prepared to make the moves right now that are ultimately for everyone's benefit. If you are already married then you may deepen your commitment. It is also possible that legal papers may be served or legal matters may be finalised during this period. There is likely to be a positive outcome. Business partnerships may be formed or ended.

**Mercury Semisquare Northnode**
From 08 Apr 2014
(Exact 25 Jun 2015)

You have plans for changes in one or more areas of your life, but obstacles seem to block your path. You
need patience and persistence right now. Focus on what you can achieve rather than on what you cannot.

**Mercury Sesquisquare Southnode**  
*From 08 Apr 2014*  
*(Exact 25 Jun 2015)*

You have plans for changes in one or more areas of your life, but obstacles seem to block your path. You need patience and persistence right now. Focus on what you can achieve rather than on what you cannot.

**Mercury Sextile Uranus**  
*From 15 Dec 2015*

Excitement is the key to this part of your life. If you enjoy new experiences then you are likely to thrive right now. In fact you may be striving for freedom, a radical change in your life that brings a new sparkle. If you have been wanting to start a new and stimulating hobby or project then now is the perfect time. However, if you are frightened of new challenges then this period could be very unsettling. Either way it is time to be flexible. Try to enjoy the unexpected challenges that arise now. Eventually you will appreciate a new sense of independence.

**Mercury Sextile Midheaven**  
*From 28 Jan 2016*

Opportunities arise at work and home that are likely to make a difference to your life goals. You may have been working towards a particular professional goal for some time. Now you are likely to reap the benefits of your efforts. It is also possible that you have wanted to change your job or career. Now you are likely to make those long-awaited changes. You may receive a bonus at work in the form of extra monetary reward or a promotion. You may also become a parent during this phase, or receive recognition and praise from your own parents. On the whole this is a positive period during which you are able to reap rewards for past efforts, enjoy the present opportunities and plan for a rosy future.

**Progressed Venus**

Progressed Venus moves slowly through the signs and houses of a Natal Chart. As such its significance is highlighted when the sign or house changes. It is important to note these changes. Aspects of progressed Venus can also be important in showing themes in a person's life.

**Venus Conjunction Uranus**  
*From 26 Jun 2011 To 25 Feb 2012*

It is an unsettling time right now. You may feel like life is changing faster than you can keep up with it. Your personal relationships and your finances are likely to be the most unpredictable areas of your life. The current changes may be welcome ones, sparking fresh opportunities such as a new relationship or a novel pastime. On the other hand you may feel upset by circumstances beyond your control. Someone or something is disturbing you. Either way you need to remain flexible. Refusing to accept the changes will make matters harder. Soon you will be able to see the advantages such as more freedom and independence and a greater sense of fun and joy. You might enjoy a new hobby in the field of technology, science or metaphysics.

**Venus Square Mars**  
*From 08 Jun 2015*  
*(Exact 30 Apr 2016)*

Your desire for pleasure is strong. You are likely to start a new and exciting venture during this period
motivated by a need to increase your wealth. Your passion is also excited. Therefore, if you are single, then it is possible that you meet a new lover, someone who inspires your passion. If you are married then look for an increase in romance and ardour within your relationship. This is not the time for rash decisions. Impetuosity will quickly backfire. Therefore direct your newfound energy into positive outlets.

**Progressed Mars**

Progressed Mars moves slowly through the signs and houses of a Natal Chart. As such its significance is highlighted when the sign or house changes. It is important to note these changes. Aspects of progressed Mars can also be important in showing themes in a person's life.

**Mars Sextile Sun**
From 26 Jun 2011 To 29 Apr 2012

You are highly motivated, full of determination and vitality, ready to achieve your objectives. This could be general ambitions or a particular project or physical activity. You are capable of moving ahead, overcoming obstacles and discarding bad habits.

**Mars Trine Saturn**
From 09 Sep 2013
(Exact 04 Feb 2015)

Responsibility is the key theme of this period of your life. Circumstances at home or work force you to shoulder more than your fair share of everyday tasks. You need to work hard rather than shirk your duty. Fortunately you are able to concentrate and even work in isolation to achieve this objective. At times you may feel tired and somewhat despondent, but you also have the resolve to complete the task. The end result is satisfying and will help build foundations for your future.
“Sow a thought, and you reap an act; Sow an act, and you reap a habit; Sow a habit, and you reap a character; Sow a character, and you reap a destiny.”
-- Charles Reader Modern Author

**Progressed Jupiter**

Progressed Jupiter moves slowly through the signs and houses of a Natal Chart. As such its significance is highlighted if the sign or house changes. It is important to note these changes. Aspects of progressed Jupiter, although not common, can be important in a person's life.

**Jupiter Square Uranus**
From 26 Jun 2011
(Exact 08 Oct 2011)

Education is a key theme in your life right now. You are more likely to learn through unorthodox methods rather than conventional ones. Nevertheless you are keen to spread your wings. Comfort is not so important to you. Excitement is! You may travel, return to study or take up an unusual hobby. Metaphysical matters or religion may also hold a strong attraction during this phase.

**Progressed Saturn**

Progressed Saturn moves slowly and may change sign or house in a Natal Chart. It is important to note these changes. Aspects of progressed Saturn, although few in a lifetime, can be important in a person's life.

No Progressions found for this planet.

**Progressed Uranus**

Progressed Uranus moves slowly and may change sign or house in a Natal Chart. It is important to note these changes. Aspects of progressed Uranus, although not common in a lifetime, can be important in a person's life.

No Progressions found for this planet.

**Progressed Neptune**

Progressed Neptune moves slowly and is unlikely to change sign or house in a Natal Chart. Aspects of progressed Uranus, although not common in a lifetime, can be important in a person's life.
Neptune Conjunction Neptune
From 26 Jun 2011

Poet Alfred Lord Tennyson said: "It is better to have loved and lost than never to have loved at all." The same can be said of dreams. Right now you are reflecting on the way that you have lived your life - your past loves, your dreams and your artistic and spiritual endeavours. It is time to contemplate. Action now may prove frustrating. You need to take time for meditation, prayer and other spiritual and artistic tasks. You may need to adjust your expectations of yourself and loved ones. You may need to forgive and forget. In some cases you may need to face the facts that you have let fear rather than love rule aspects of your life. All sorts of metaphysical realisations may emerge during this phase.

Progressed Pluto

Progressed Pluto moves slowly and may change sign or house in a Natal Chart. It is important to note these changes. Aspects of progressed Pluto, although not common in a lifetime, can be important in a person's life.

No Progressions found for this planet.
About the Author: Australian astrologer Stephanie Johnson has written the text in this report. Stephanie holds a Bachelor of Arts (Journalism) and was a journalist in Australia, England and the USA for 15 years before becoming a professional astrologer. She is currently a consulting astrologer, is a Company Director of Esoteric Technologies Pty Ltd in Adelaide, Australia, and Editor of the Australian Data Collection. In 2000 Stephanie, and her partner Graham Dawson, were each awarded an FAA Diploma for designing and developing the Solar Fire suite of programs.

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The Planets

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THE BIRTH CHART

Kurt Russell 17 Mar 1951 10:42 Springfield United States 42N06 (Lat) 72W35 (Long)

The Planets

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